



# **BEHIND THE WIRE**

Alice Jamieson

Behind the wire

# INTRODUCTION

- I'm Alice
- Born and raised in the North Is
- Worked as a caregiver aka HCA
- At 34 decided to become a nurse

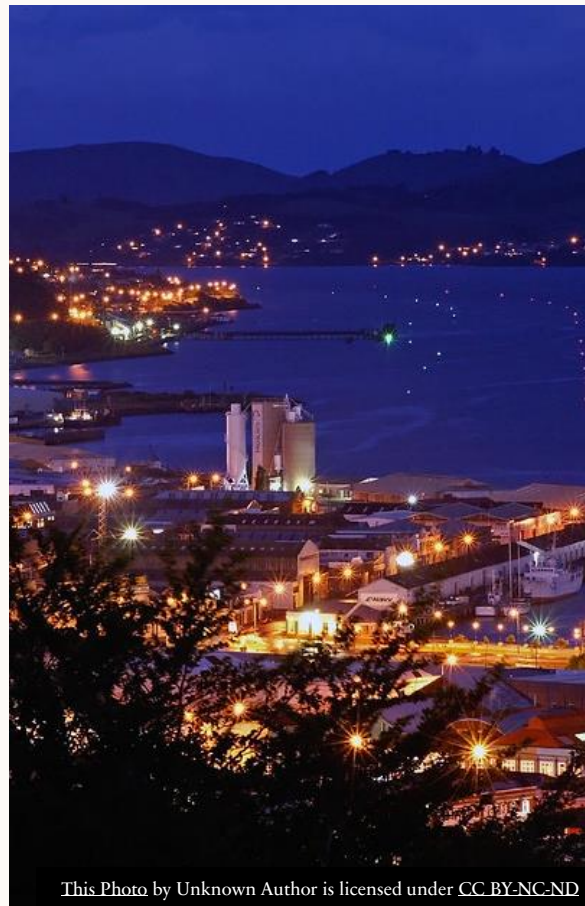


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- I moved to Invercargill for



# STUDY



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- I completed the Pre entry to health studies then was accepted into the Enrolled Nurse Diploma
- While studying I did the majority of my placements in Dunedin

- Graduating in mid 2016
- My first official EN position was volunteering Vanuatu



# MILLIE



- On my return to Invercargill I decided to stay here and adopted Millie

I got a job in aged care but really wanted to work for a DHB

Saw a position at Canterbury District Health board and applied, I got the job so packed up and moved to Christchurch.

Hillmorton Hospital is a mental health facility, I worked firstly in a high security forensic mental health ward

PSAID Psychiatric Services for Adults with Intellectual Disabilities



**AFTER 4 YEARS AWAY I MISSED INVERCARGILL. I RETURNED FOR A WEEKEND  
IN DECEMBER 2020. THE WEATHER WAS TYPICALLY ATROCIOUS**



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# ARA POUTAMA

- Ara Poutama Aotearoa means striving for excellence
- Working in a prison for the Department of Corrections/Ara Poutama is a Primary Care.
- I was the first Enrolled Nurse hired in the South Island, we now have 2 more, one in Otago and the other in Canterbury
- Work 0.5FTE Monday to Friday at Ara Poutama and pick up casual shifts at Hospice Southland.

# INVERCARGILL

## MEN'S PRISON

Established in 1910

Was a Borstal before becoming the facility it is today.

Situated in the city with a McDonalds adjacent and Subway across the road



# IMP



Invercargill Men's Prison  
has capacity for 180 Tane,

Low to medium security  
prison

3 main units North Centre  
and South

Intervention support unit  
(ISU)

Separation Unit

# HEALTH CENTRE

- Team of 11



- An office administrator and 9 Registered Nurses including
  - Manager
  - Team leader
  - 2 Mental Health nurses (one  
Clinical Nurse Specialist &  
The other from Wellsouth a  
community provider)
- We also work with Te Whatu Ora Frorenisc services



# WHAT WE DO



## 2 SHIFTS PER DAY

0600 - 1400 and 1130-1930



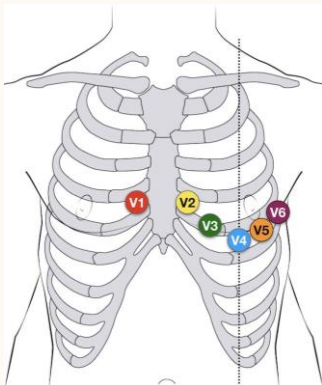
## 2 MEDICATION ROUNDS



## GREEN CHIT



## COLLECT SAMPLES



## ELECTROCARDIOGRAPH



## DENTAL ASSESSMENT



## MO CLINIC

Tues and Thurs



## STANDING ORDERS

## **MULTI DISCIPLINARY TEAM**



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Pharmacy

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Physiotherapist

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Dentist

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Podiatrist

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Community clinics

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Te Whatu Ora

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## **Common Health Issues**

Mental  
Health

Asthma/respiratory  
issues

Lacerations

Fractures

Dental pain

Muscle  
aches

Diabetes

Obesity

Heart  
Disease

AOD

# Assessments

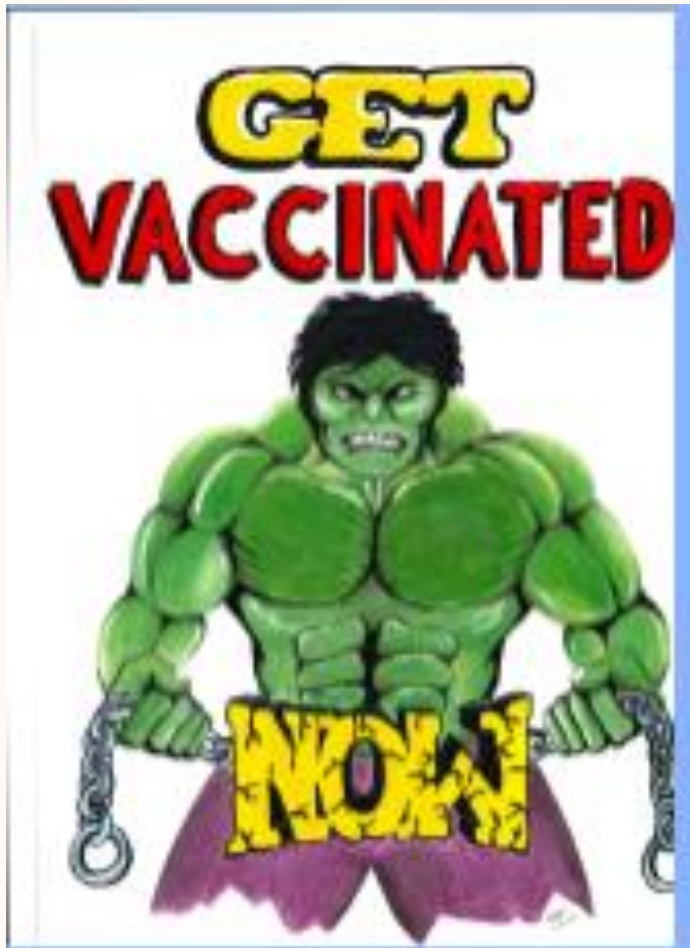
**Reception Health  
Triage**



**Initial Health  
Assessment**

**Two yearly  
health review**

# COVID



# MENTAL HEALTH





# TRANSFERS



The background features a large white circle on the left and a large pink circle on the right, both overlapping a dark blue background. The pink circle contains several thin, white, concentric circular lines.

# **THANK YOU**

Questions?

<https://www.youtube.com/watch?v=TGrFQK3YCGU>